

Bio data of

Yogacharya Dr. Vishwas Vasant Mandlik

Ph. D. (Yoga & Distance Education)



*** Recipient of**

“Prime Minister’s Award for outstanding contribution towards promotion and development of YOGA” in 2018

*** Ph. D. in Yoga & Distance Education**

*** Ex. Guide for Ph. D. in Kalidas University, Nagpur**

*** Chairman** – Indian Yoga Association, Maharashtra Unit.

*** Expert Member** – Steering Committee of Yoga Certification Board, Ministry of AYUSH, Govt. of India.

*** Expert Member** – Scientific Advisory Committee of Central Council for Research in Yoga and Naturopathy, Ministry of AYUSH, Govt. of India.

*** Member** – Inter Ministerial Meeting. Govt. of India.

Reorganization from Universities.

(Worked as Member of different committees)

- I) Kavikulaguru Kalidas Sanskrit University, Nagapur.
- II) Yashvantrao Chavan Maharashtra Open University, Nashik.
- III) North Maharashtra University, Jalagaon
- IV) Maharashtra University of Health Sciences, Nashik.

Development of Instructional system for following:-

- ✓ An exclusive curriculum is designed for students of all age groups.
(1)Yoga Sanjeevan, (2) Yoga Sopan, (3) Yoga Pravesh, (4) Yoga Parichya,
(5) Yoga Prabodh, (6) Yoga Pravin, (7) Yoga Pandit (8) Yoga Ratna
- ✓ An exclusive curriculum is designed for Yoga Teachings
(1)Yoga Shikshak, (2) Yoga Adhyapak, (3) Yoga Prdhyapak
- ✓ Separate Yoga programmes for those suffering from different health problems and diseases.
- ✓ Courses for Different Professionals.

Designed and conducted the T.O.T. Courses as follows

For (1) Yoga Teacher (2) Yoga Adhyapak and (3) Yoga Pradhyapak
Training for Examiners for following courses of Yoga Training.

- 1) Yoga Pravesh 2) Yoga Parichaya 3) Yoga Prabodh
- 4) Yoga Praveen 5) Yoga Pandit

Training for Examiners for following Teacher Training Courses.

- 1) Yoga Shikshak 2) Yoga Adhyapak 3) Yoga Pradhyapak

Yoga Institutions Established:

- Started Yoga Vidya Dam Nashik in 1978
- Started Yoga Chintan (A periodical magazine on Yoga.) from 1979

- Started Yoga Vidya Gurukul in Nashik, India. from 1983
- Started Yoga Chaitanya Seva Pratishthan - A trust to help propagation of Yoga in remote part of India (1994)
- Started Yoga Chaitanya Sadhana Charitable Trust in 2009
- Started Yoga Mahavidyalaya, Nashik in 2013 (KKS University, Nagapur)

Achievements:

- ✓ Expanded the network of Yoga Vidya Dham to more than 160 cities in India and 16 cities outside India. (Singapore, Thailand, Indonesia, Kazakhasthan)
- ✓ Successfully treated more than 32,000 patients suffering from various diseases in our Therapy center.(Arogyadham Nisargopachar Kendra.)
- ✓ Presented more than 15 research papers in different International Yoga Conferences
- ✓ Established Yoga Vidya Gurukul in 1983 at Nashik.
- ✓ Yoga Vidya Gurukul runs a well-equipped, 25 bedded Yoga & Naturopathy treatment center since 15 Years.
- ✓ Thousands of people work honorary at Yoga Vidya Gurukul to support this great yoga movement.
- ✓ Courses are conducted at different levels, Yoga Bindu, Yoga Sopan, Yoga Pravesh, Yoga Parichaya, Yoga Prabodh, Yoga Praveen, Yoga Pandit, Yoga Ratnya, Yoga Teacher, Yoga Adhyapak and Yoga Pradhyapak.

Books written and published 60 (Marathi in particular and Translated in English, Hindi, Kaneda, Guajarati)

Awards and Reorganizations from Social Organizations

- Awards on national level in competitive rowing, boating.
- Won the prestigious "Senior Championship" in 1965 in College of Engineering, Pune.

- Outstanding Citizen award by Jaients Club Nashik in 1988
- Lifetime Achievement Award by K.L.Monot Amrutmahotsava Samiti.
Pune in 1992
- Saraswati Award by Kailas Math Nasik in 1993
- Ideal Yoga Teacher by Rotary Club Nashik in 1996
- Yashvant Award by Shri Sadguru Trust Nashik in 2002
- Nashik Gourava by C _ News Nashik in 2003
- Yogacharya Award by Paramahans Niranjananand Saraswati in 2003
- Yoga Ratna Award by Patanjali Yoga Kendra, Sangali in 2005
- Naturopathy Awaed by International Naturopathy Organization New Delhi
in 2005
- Anubandhi award Shiva Parvati Trust Nashik in 2005
- Nashik Bhushan.by Rotary Club Nashik in 2005
- Loka Kalyan Award by Nashik Municipal Corporation in 2006
- Sanman Pater by Ghantali Mitra Mandal, Thane in 2006
- Rushi DharmaJyoti By Paramahans Niranjananand Saraswati in 2006
- Sanman Patra Nashik Dist. Yoga Association in 2006
- Yoga Gourava Award by L.Y.Patil Trust Hupari, Kolhapur in 2007
- Dadhichi Award by Education Society Ambarnath in 2007

Details of Periodicals :

Editor of Yog-Sugandha monthly , since 30 Years published by
Yoga Vidya Gurukul, Nashik & nearly 2500 subscribers in India & Abroad
being published in Marathi language